



# Weekly Update from First – November 3/22

## Happy Birthday Wishes

June Harris

Don Gagen

Brian Wilsdon

Clare Beamish

Bill Turvey



### FALL BACK

Don't forget to turn your clocks back Saturday night before you go to bed!

JOIN US FOR



Everyone is invited to join us at **CENTRAL UNITED CHURCH**,  
135 Wellington Street on Sunday Morning at 10:30am for "Remembrance Sunday".  
(First United's building is closed)



Scripture: Ephesians 6:11-18

Sermon: "Overcoming the Dark Side" - Rev. Paul Browning

If you'd prefer, join us ONLINE for Worship, here is the Streaming Link for November 6th:


<https://youtu.be/1TGK8zh5Tss>



TRUST... show RESPECT ... LISTEN ... then SPEAK.



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*First Church Friends,*   
*Rev. Paul's core hours when  
he is available for "walk in"  
chats are on Tuesdays from  
noon to 5 pm.*

**KINDNESS**

**RESPECT**

**FAIRNESS**



**FIRST CHURCH FRIENDS**

*Have you signed up for a group yet???*

**SIGN UP TODAY!**

**MEET & GREET**

*Rev. Paul & Austin (at First United)*

**Tuesday, November 1st, 8th & 15th!**

**Morning group (9:30am) & Evening (7pm) group**  
**Each group is limited to 12 people.**

**To sign up:**

**Call the office (519-631-7570 ext. 21)**

**Sign the sheet - bulletin board outside the office**

**Fill out the form on our website**

**Bring your own beverage. Something sweet will be provided.**

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BE  
STILL  
AND  
KNOW  
THAT  
I AM GOD.

Coffee  
and  
Curious Spirituality



## Coffee and Curious Spirituality at Central United

Tuesdays in the lower parlour

**Mornings: 10 am to noon  
& Evenings: 7 pm to 9 pm.**

Join us for some stimulating conversations, as we wonder about spirituality and the implications of living our lives in this new "normal".



## Bible Study

Wednesdays at 1:00 pm  
at Central United (Fellowship Hall)

Evening Study available on request  
- Contact Kathryn Fletcher at  
519-633-1902 or  
fletcherfamily@rogers.com  
for more information

Everyone Welcome!

It was November,  
the month of crimson sunsets,  
parting birds,  
deep, sad hymns of the sea,  
passionate wind-songs in the pines.

L. M. Montgomery

YOUTH GROUP

## *First/Central Youth Group (Grade 6-12)*

*meets Wednesdays at  
First United Church  
7-8:15pm*

*All Youth are welcome!*

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## Senior Choir

Thursdays at 7:30pm

New voices always  
welcome!

Be the  
**REASON**  
**SOMEONE**  
Smiles  
**To Day**

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**Christmas Light Display**  
**★ Volunteers Needed!**

We are looking for Volunteers to help over the next few weeks (on Saturdays) to prepare our Christmas Light Display at the Church. Light hanging helpers as well as new ideas are more than welcome!! If this sounds like something you'd like to help with, please email Justin Chute at [justinchute@gmail.com](mailto:justinchute@gmail.com).

**THANK YOU!!**

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# **SECRET SANTA... & SOCKS!**

**OUTREACH PROJECT FOR  
CHRISTMAS CARE & GRACE CAFE!**

**NOW til DECEMBER 4th**

**Your unwrapped Gifts (for  
children up to age 12) OR  
Monetary Donations would be  
GREATLY appreciated!**

**ALSO, again this year we are collecting  
SOCKS for Grace Café.**

**There is a huge need for Men's,  
Women's and children's socks!  
Please bag these separately from  
your Secret Santa Gifts.**

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**Even small gifts can make a big difference.**



**\$10** Provides supplies for workshops to help youth serve their communities. GWV22-48

**\$15** Helps stock an emergency pantry in Newfoundland. GWV22-35

**\$10** Buys a grocery gift card for a family in northern Manitoba. GWV22-03

**\$25** Provides a hygiene pack for a refugee from Ukraine. GWV22-39

**\$25** Helps Indigenous people in Vancouver receive support that honours their culture. GWV22-07

**\$15** Provides nursery school supplies for a Girls School in Zambia. GWV22-26

*Meaningful gifts. No wrapping required. E-cards available.*

Order online!

**gifts**with**vision**.ca



A Giving Catalogue from the People of The United Church of Canada

If you have an Upcoming Date / Event / Meeting you'd like included in the slides for our



please have it to Lori at First (office@1stunitedchurch.ca)

**by Wednesday at noon. Thank you!**



*Making a Difference*

A little boy walked carefully along a crowded beach, where starfish by the hundreds lay there within his reach. They washed up with each wave, far as the eye could see, and each would surely die if they were not set free. So one by one he rescued them, then heard a stranger call, "It won't make a difference... you cannot save them all." But as he tossed another back toward the ocean's setting sun, He said with deep compassion, "I made a difference to that one!"

*one life at a time!*

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